

Race Committee: The Kondrach Family Sarah D. Donley Meg Miller Amy Knox Dean Melanie Krupinski Chris Thoburn Kayla Crum

The Barnesville Grand Prix Racing Series is one where participants are rewarded for their just that: their participation. It does not matter your finishing time, overall place, award status, etc. Those who complete (not just register) all 4 are entitled to a special award recognizing their achievement. Here are the other races in the Series:

Rails-to-Trails 5k Saturday, May 18, 2024 @ 8:30 (at The Depot)

Pumpkin Festival 5k Saturday, September 28, 2024 @ 8:30am (at The Watt Center)

Santa's Spirit Sprint Saturday, December 7, 2024 @ 2:00pm (at The Rock)

There is also a non-competitive 5k, the Recycle Race, which benefits the Series. No date has been set yet. Watch for applications!

Grand Prix Sponsors:



Donley's Delicious Delights

RTR Dale Landefeld



Special Thanks:

Village of Barnesville

Barnesville Park Staff

Tom & Shirley Bonnette

14th Annual Rotary Lake 5k Trail Walk/Run And Kids Fun Run

DATE:	March 30, 2024			
5K RACE TIME:	9:15 AM—Walk 9:30 AM Run			
REGISTRATION:	7:30 AM			
KID'S FUN RUN WILL TAKE PLACE IMMEDIATELY AFTER 5K EVENTS ARE COMPLETED				
ON LINE REGISTRATION IS AVAILABLE AT: RUNSIGNUP <u>www.RunSignUp.com</u> keyword: ROTARY LAKE				

DIRECTIONS: Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 5.5 miles on State Route 800 South. When you reach the Certified Gas Station @ the top of the hill, proceed 0.25 mile. Make an extreme right U- turn. Follow signs to Park Entrance.

COURSES: Courses are contained inside Park property. Both the Run & Walk start near the Youth Center, proceed down the hill to the Rotary Lake on the trail for two loops (1 lower, 1 upper) and back. Course will be marked. The Trail is crushed limestone and natural surfaces. Course could be muddy in the event of rain. There will be a 15min delay for Runners.

KID'S FUN RUN is 100 meters long (for little ones) and 1/3 mile long (for older kids) and will start at the finish line of the 5k IMMEDIATELY AFTER the 5k finishes (normally around 10:30am) All kids will receive a "Finishers Award".

AWARDS: Awards based on last year's results and will be given out in the following categories: **Walkers: 1.** Top 5 Male, Top 5 Female **2.** Top 3 Masters (50+) **3.** Males and Females in Age Groups as indicated:

Age Groups: (Male Walk): Top 5 49+ Under, Top 5 50-59, Top 5 60+ (Female Walk): Top 2: <29, 30-39, 40-49 (3) 50-54 (3), 55-59 (3), 60+ Over (3) Remember, if you register as a Walker, YOU MUST WALK the entire race. By definition, one foot must remain on the ground at all times. Jogging or Trotting is considered slow running, not fast walking. **Runners: 1.** Top 5 Male, Top 5 Female **2.** Top 3 Masters (40+) **3.** Top 3 Male & Female in Age Groups (unless otherwise indicated):

Age Groups: (Male Run): 14+ Under, 15-19 (2), 20-29, 30-39, 40-49, 50-54 (2), 55-59 (2), 60+ Over; (Female Run): 19+ Under, 20-29 (2), 30-34(2), 35-39, 40-44, 45-49, 50-59, 60+ Over NO DUPLICATIONS! NO REFUNDS!

PHOTOS: Crums Creative Captures

EXTRAS: Come join us for Pizza, pepperoni rolls, Donley's Delicious Delights Homemade Cookies and Hot Cocoa

<u>COVID</u>: We will follow all Local and State Guidelines. Hand Sanitizer is always available and should always be used regardless. As always, volunteers will be wearing gloves when handling food. More updates will be released if and when necessary. The 1st 100 Registered will receive a hooded sweatshirt. The next 100 will get a T-shirt. Sizes are NOT guaranteed: First come, first served. There will be no reordering of shirts!

Entry Fee: 5K Run/Walk Pre-Registration: \$21.00 (long-sleeved T-shirt orders) 5K Run/Walk Pre-Registration: \$26.00 (hooded sweatshirt orders) After March 16 & Race Day: \$30.00 (available shirts are 1st come, 1st serve) Kid's Fun Run: FREE MAKE CHECKS PAYABLE TO: RAILS-TO-TRAILS 5K 808 North Chestnut Street Barnesville, OH 43713 **CONTACT INFO:** Carl A. Kondrach, Director (740)310-2117 carlkondrach@vahoo.com www.Facebook.com/barnesvillegrandprix www.RailsToTrails5K.com AINGTON COL www.WCRRC.org This race is part of the Washington Co. (Pa.) Road Runners Club Series. PROCEEDS WILL BE DIVIDED BETWEEN

MAINTENANCE OF THE PARK TRAIL AND KIDS PROGRAMS AT THE PARK. (KPAP) Please PRINT Neatly!

NAME:						
ADDRESS:						
CITY, STATE, ZIP:						
PHONE:						
EMAIL						
AGE ON MARCH 26:						
BIRTHDATE:						
GENDER:	MALE		FEMA	LE		
RACE:	RUNNER		WALK	ER		
Shirt size p	reference: S	М	L			
PLEASE C	HECK ONE:			(+\$1.00) AN	(+\$2.00) IOUNT	
KIE	S FUN RUN				FREE	
Run/Walk EARLY ENTRY FEE \$21.00 (if ordering a long-sleeved T-shirt)						
Run/Walk EARLY ENTRY FEE \$26.00 (if ordering a hooded sweatshirt shirt)						

_____ Run/Walk Fee AFTER MARCH 16......\$30.00 NOTE: XL/2XL T-shirts/Hoodies, please add \$1.00 or\$2.00

WAVIER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me at this event while traveling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

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