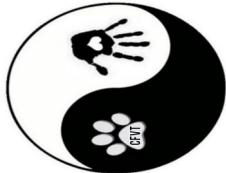


In addition to the Title Sponsor listed on the front, this race was also made possible through the generosity of these sponsors:

**Platinum Sponsors:**



**CANINEFRENZY**



**VERSATILITY TRAINING**

**Gold Sponsors:**

- Dr. Shawn Roe
- Domino's
- Joe's Tires and Service Pros
- Kemp Insurance

**Grand Prix Sponsors:**



**WEB DESIGN**



Refreshments generously provided at a reduced cost by the following businesses in Barnesville:

- Domino's Pizza
- Donley's Delicious Delights
- Convenient Food Mart

Race Course manned and patrolled by the following:

- Barnesville Fire Dept.
- Barnesville Police Dept.
- Barnesville Street Dept.

Thank You Race Committee Members:

- The Kondrach Family
- Sarah D. Donley
- Margaret J. Miller
- Amy Knox Dean
- Melanie Krupinski
- Chris Thoburn
- Kayla Crum

**OTHER RELEVANT WEB INFO:**

[www.barnesvilleohio.com](http://www.barnesvilleohio.com)  
[www.caninefvt.com](http://www.caninefvt.com)  
[www.dominos.com](http://www.dominos.com)  
[www.joestires.com](http://www.joestires.com)  
[www.kempins.com](http://www.kempins.com)  
[www.mattjonespreowned.com](http://www.mattjonespreowned.com)  
[www.10Twebdesign.com](http://www.10Twebdesign.com)  
[newsradio1170.iheart.com](http://newsradio1170.iheart.com)  
[www.runsignup.com](http://www.runsignup.com)  
[www.smileymiles.com](http://www.smileymiles.com)  
[www.wcrrc.org](http://www.wcrrc.org)

**Carl A. Kondrach, Director**  
808 North Chestnut Street  
Barnesville, OH 43713-1118  
[www.RailsToTrails5k.com](http://www.RailsToTrails5k.com)  
[Facebook.com/barnesvillegrandprix](https://www.facebook.com/barnesvillegrandprix)  
Cell: 740-310-2117/740-238-1833  
E-mail: [carlkondrach@yahoo.com](mailto:carlkondrach@yahoo.com)

Voted  
“#2 Favorite Race in the Ohio Valley”



**Special Division for Dog-Walkers!**

**Saturday, May 18, 2024**  
**8:30am/8:32am**

**Title Sponsors:**



**Matt Jones PreOwned Auto**  
5 Elm Grove Crossing  
(304)905-8302

**Tunnel Fun Run for Kids**  
immediately following  
the last finisher  
(Approximately 9:45am)  
*Kids' Application and other  
information can be found at:*

**[www.RailsToTrails5k.com](http://www.RailsToTrails5k.com)**  
**[Facebook.com/barnesvillegrandprix](https://www.facebook.com/barnesvillegrandprix)**

Mail form(s) and make check payable to:

**Rails-to-Trails 5k**

808 North Chestnut Street  
Barnesville, OH 43713-1118

*Please Note: This is a MAILING ADDRESS ONLY! The physical race address is: 300 East Church Street, Barnesville, OH*

Please check ONE box **ONLY**:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>RUN</b>	<b>WALK</b>	<b>CLYDESDALE/ LADY ATHENA</b>	<b>CANINE WALK TEAM</b>
		210lbs/170lbs	_____
			Dog's Name

**Note:** Those who check the Clydesdale/Lady Athena weight class are NOT eligible for age group awards. Those who check the Canine Walk Team box are NOT eligible for regular walk-division awards.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Male</b>	<b>Female</b>	<b>Kids Run (free)</b>

**5k Shirt Size: (Please Circle One)**

S M L XL 2XL (add \$2)

Name (please PRINT clearly)

Address

City State ZIP

Phone e-mail (optional)

Age on Race Day Birthday

**WAIVER:** In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me (or my dog, if applicable) at this event while travelling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I also recognize that persons with dogs on leashes will be participating and that I may encounter them on and off the course. I also understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

**X**

Signature (Parent or Legal Guardian if under 18) Date

**\$23 (May 1) \$28 after or your application will not be accepted!**

## Race Info:

**Directions:** (From all points North:) Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 6.5 miles on State Route 800 South to first Red Light. Turn left. Go 200 yards. (From all points South:) Take State Route 800 North to 3rd Red Light. Turn right. Go 200 yards. Race begins near and ends at the Train Depot. 300 East Church Street

**Entry Fee:** \$23 pre-registered (deadline, postmarked by May 1). \$28 after May 1 and on race day. Special Charity Rate: \$19 each, minimum **FOUR** entries mailed together. (Pre-registered ONLY, deadline, postmarked by May 1st)

**Registration:** May be done through the mail, on race day or online. Please visit: [www.RunSignUp.com](http://www.RunSignUp.com)

**Keyword: Rails**

**Trophies:** We proudly offer absolutely more awards (200!) for more participants than most 5k events you will find anywhere. Unique, high-quality, hand-crafted trophies to be awarded in the following categories:

**Canines:** Top 10 Overall dog WALKERS. (Gender irrelevant) **NO RUNNING!** Keep dogs on a 5' locked leash at all times!

**Walkers:** 1. Top 5 Male, Top 5 Female  
2. Top 3 Male, Top 3 Female Masters (50+)  
3. Top 3 Male & Female in Age Groups unless otherwise indicated.

**Runners:** 1. Top 5 Male, Top 5 Female  
2. Top 3 Male, Top 3 Female Masters (40+)  
3. Top 3 Clydesdale Male (210 lbs+), Top 3 Lady Athena Female (165 lbs+)  
4. Top 3 Male & Female in Age Groups.

**NO DUPLICATIONS!**

**PLEASE NOTE:** the Age Groups for Males & Females and for the Walk & Run can and do vary greatly. They are ever-changing as they are based on last-year's results so as to minimize waste and cut down on cost. If you have a specific Age-Group award question, please contact the director

**Door Prizes:** Over 50 door prizes/certificates valued nearly \$1000 donated by surrounding merchants/businesses.

**Shirts:** All pre-registered 5K runners, walkers, and dog-walkers are guaranteed a high-quality athletic mesh T-shirt (not cotton). Register early to nab the right size! Late registrants: first come, first serve. (200 shirts will be pre-ordered).

**Food:** All participants are welcomed to join us for a HUGE smorgasbord of delicious food including several types of pizza, pepperoni rolls, subs, deli-fresh sandwiches, tons of home-baked cookies and cupcakes AND the ever-popular, in-demand home-made pasta salad made by my wife Jessica! If you leave this race hungry, it's your own fault!

**Timing:** Chip-in-the-bib timing by Miles of Smiles:  
[www.SmileyMiles.com](http://www.SmileyMiles.com)

## More Race Info:

**Director's Award:** We are currently seeking candidates for this award. If you would like to nominate someone, please contact me by phone, e-mail, or with your application (deadline May 1) Please include a detailed summary of how he/she has made contributions to the walking, running, or racing communities. Winner will be recognized and presented with a special trophy

**Grand Prix:** This event is associated with 2 Grand Prix Series: 1. The Washington County (Pa.) Road Runners Club (WCRRC) Grand Prix Series; 2. It is the 2nd of four races in the Barnesville Grand Prix.

**Barnesville Grand Prix Series**



**Kids' Tunnel Fun Run:**

Immediately following the last 5k finisher (approximately 9:45am). You may use this form to register your child. Fun Run & 5K Race applications and fees may be mailed together. Parents, please arrive at least 15 minutes early. All children win a trophy. There is no fee for children to run. Parents are welcome to run or walk with their kids. Kids will be run in waves, starting with the oldest and working backwards.

**Dog Team Walkers:** Please remember, there are children & other dogs at this event. Be a responsible owner: Non-aggressive dogs only; No dogs "in heat"; On leash at all times (NO retractable leashes unless locked); ID Tags must be worn; Current Vaccinations; Please clean up after your dog (baggies available). Also remember, this is a **COMPETITIVE dog walk: NO RUNNING/JOGGING!** Your dog is welcomed to any of the doggy or human refreshments. Please check with your local vet about any changes in diet or the consumption of human food. The director reserves the right to disqualify your team without refund if these rules are not adhered to.

**etc.:** This unique event has been featured in Runner's World Magazine. The popularity and success of this race has directly resulted in multiple "Race Director of the Year" Awards for its organizer. It was voted the **"#2 Favorite Race in the Ohio Valley"** the only 2 times voting took place. (Second only to our sister race, the Pumpkin Festival 5k Run/Walk held in September.) So come on out and join the fun! Bring the family and see what everybody is talking about!

**NO REFUNDS ISSUED FOR ANY REASON!**