

In addition to the Title Sponsor listed on the front,
this race was also made possible through
the generosity of these sponsors:

Platinum Sponsors:

- Domino's Pizza
- Donley's Delicious Delights
- Shirts N' More
- Joe Allen & Associates
- Margaret J. Miller

5 Year+ Major Donors:

- American Legion, Post #168
- Kemp Insurance
- Braidon Memorials
- Lakeland Foods
- Flag Floors
- B.P.O.E. No 1699
- Egypt Valley Stone
- KFC/A&W
- AVC Communication
- Joe's Tire
- Starr's Used Cars
- VFW, Post 2792
- Parker & Parker Ins

Grand Prix Sponsors:



WEB DESIGN

Ron Pradetto
Photography

Refreshments generously provided at a
reduced cost by the following businesses:

- Domino's Pizza
- Donley's Delicious Delights
- Convenient Food Mart

Race Course manned and patrolled by the following:

- Barnesville Fire Dept.
- Barnesville Police Dept.
- Barnesville Street Dept.

Thank You Race Committee Members:

- The Kondrach Family
- Sarah D. Donley
- Margaret J. Miller
- Amy Knox Dean
- Melanie Krupinski
- Chris Thoburn
- Kayla Crum

OTHER RELEVANT WEB INFO:

www.barnesvilleohio.com
www.dominos.com
www.joestires.com
www.kempins.com
www.10Twebdesign.com
www.ronpradetto.com
www.runsignup.com
www.smileymiles.com
www.wccrrc.org

Carl A. Kondrach, Director

808 North Chestnut Street
Barnesville, OH 43713-1118
www.RailsToTrails5k.com
[Facebook.com/barnesvillegrandprix](https://www.facebook.com/barnesvillegrandprix)
Cell: 740-310-2117/740-238-1833
E-mail: carlkondrach@yahoo.com

Barnesville's 15th Annual



Santa's Spirit Sprint

1 Mile Run & Walk (2:00pm)

5k Run & Walk (2:30pm)

Saturday, Dec 2, 2023

Title Sponsor:



Ferrum Fitness

185 East Main Street
Barnesville, OH 43713
(740)619-0085

Facebook: [Ferrum.Fit.Ohio](https://www.facebook.com/Ferrum.Fit.Ohio)

www.RailsToTrails5k.com
[Facebook.com/barnesvillegrandprix](https://www.facebook.com/barnesvillegrandprix)

Mail form(s) and make check payable to:

Rails-to-Tracks 5k

808 North Chestnut Street
Barnesville, OH 43713-1118

Please Note: This is a MAILING ADDRESS ONLY! The physical race address is: 440 Watt

5K:	<input type="checkbox"/>	<input type="checkbox"/>	CHAIR/ CYCLE	>11/23	11/23+
	RUN	WALK		\$25	\$30

Mile:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	RUN	WALK	CHAIR	\$16	\$21

Both:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	RUN	WALK	CHAIR	\$31	\$41

(Shirt Size: (Add \$7 to Entry Fee) (Circle One):

No Shirt	S	M	L	XL	2XL
<input type="checkbox"/>		<input type="checkbox"/>			
Male		Female			
					Donation
					\$
					Total Enclosed
					\$

Name (please PRINT clearly)

Address

City State ZIP

Phone e-mail (optional)

WAIVER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me (or my dog, if applicable) at this event while travelling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I also recognize that persons with dogs on leashes will be participating and that I may encounter them on and off the course. I also understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

Race Info:

Directions: (From all points North:) Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 6.5 miles on State Route 800 South to first Red Light. Turn left. Go 200 yards. (From all points South:) Take State Route 800 North to 3rd Red Light. Turn right. Go 200 yards. Race begins at and ends near The Rock Gym, 440 Watt Avenue

Entry Fee: 5K: \$25 pre-registered (deadline, postmarked BEFORE Thanksgiving). \$30 late registration AFTER Thanksgiving and on race day. **1 Mile:** \$16 pre-registered, \$21 AFTER Thanksgiving. Special Rate: **Save \$10** by registering for both events!

Registration: May be done through the mail, on race day or online. Please visit: www.RunSignUp.com
Keyword: Santa Sprint

Christmas Ornaments: All registrants, regardless of distance, are guaranteed a Christmas ornament. Limit one per registrant.

Finishing Medals: Due to the limited Age Group awards in the Mile distance vs the 5k event, all **1-MILE** participants will earn a Finishing Medal when they cross the Finish Line.

5K Trophies: Unique, high-quality, hand-crafted trophies to be awarded in the following categories:

Walkers: 1. Top 5 Male, Top 5 Female

2. Top 3 Male, Top 3 Female Masters (50+)

3. Top 3 Male & Female in Age Groups unless otherwise indicated.

Runners: 1. Top 5 Male, Top 5 Female

2. Top 3 Male, Top 3 Female Masters (40+)

3. Top 3 Male & Female in Age Groups unless otherwise indicated

Wheelchair/Handcyclists: Top 3 Finishers
NO DUPLICATIONS!

1-Mile Trophies: Unique, high-quality, ceramic Pottery trophies to be awarded to Top 3 Male & Female in the Run, the Walk, and Chair/Hand Cycle Divisions. Ceramic-fired medallions earned to the winners of each Age Group in the Run and the Walk.
NO DUPLICATIONS!

PLEASE NOTE: the Age Groups for Males & Females and for the Walk & Run can and do vary greatly. They are ever-changing as they are based on last-year's results so as to minimize waste and cut down on cost. If you have a specific

Shirts: All pre-registered 5K runners and walkers are guaranteed a soft-blend T-shirt for an additional \$7.00. Register early to nab the right size! Late registrants: first come, first serve as shirts will be limited.

More Race Info:

Santa Spirit Award: We are currently seeking candidates for this award. If you would like to nominate someone, please contact me by phone, e-mail, or with your application (deadline, Thanksgiving) Please include a detailed summary of how he/she has made contributions to the walking, running, or racing communities. Winner will be recognized and presented with a special trophy

Grand Prix: This event is associated with 2 Grand Prix Series: 1. The Washington County (Pa.) Road Runners Club (WCCRC) Grand Prix Series; 2. It is the 4th of four races in the Barnesville Grand Prix.



Door Prizes: Over 50 door prizes/certificates valued nearly \$1000 donated by surrounding merchants/businesses. As usual, No tickets or purchase necessary. Must be present to win.

Timing: Chip-in-the-bib timing by Miles of Smiles:
www.SmileyMiles.com

Food: All participants are welcomed to join us for hot dogs, pizza, hot cocoa (and marshmallows, of course!) and Donley's Delicious Delights homemade cookies!

Pictures: Race pictures provided by Ron & Linda Pradetto. They will be available for viewing, download, and purchase on their website:

www.RonPradetto.com

They will also be posted on the Ohio Belmont Run Walk Page.

Proceeds: All funds from this event, as well as a large majority from the other 3 events in this Series, are used to fill the Christmas Wish Lists of 15-25 less fortunate children in Barnesville and other parts of Belmont County during the Holiday Season. We communicate directly with the parents/grandparents/guardians of those struggling or in need. They provide us with a complete list of all children wants, needs, and more. We do our very best to fulfill all requests. Donations are accepted race day. For a complete list of needed items, please contact the Race Director