Barnesville Grand Prix Series

The Barnesville Grand Prix Racing Series is one where participants are rewarded for their just that: their participation. It does not matter your finishing time, overall place, award status, etc. Those who complete (not just register) all 4 are entitled to a special award recognizing their achievement. Here are the other races in the Series:

Rails-to-Trails 5k Saturday, May 20, 2023 @ 8:30 (at The Depot)

Pumpkin Festival 5k Saturday, September 23, 2023 @ 8:30am (at The Watt Center)

Santa's Spirit Sprint Saturday, December 2, 2023 @ 3:30pm (at The Rock)

There is also a non-competitive 5k, the Recycle Race, which benefits the Series. No date has been set yet. Watch for applications!

Title Sponsor:



Platinum Sponsors:

(Your Logo here!)

Special Thanks:

Donley's Delicious Delights

Village of Barnesville

Barnesville Park Staff

13th Annual
Rotary Lake
5k Trail Walk/Run
And Kids Fun Run



DATE: March 25, 2023

5K RACE TIME: 9:30 AM

REGISTRATION: 7:30 AM

KID'S FUN RUN WILL TAKE PLACE IMMEDIATELY
AFTER 5K EVENTS ARE COMPLETED

ON LINE REGISTRATION IS AVAILABLE AT:



keyword: ROTARY LAKE

DIRECTIONS: Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 5.5 miles on State Route 800 South. When you reach the Certified Gas Station @ the top of the hill, proceed 0.25 mile. Make an extreme right U- turn. Follow signs to Park Entrance.

COURSES: Courses are contained inside Park property. Both the Run & Walk start near the Youth Center, proceed down the hill to the Rotary Lake on the trail for two loops (1 lower, 1 upper) and back. Course will be marked. The Trail is crushed limestone and natural surfaces. Course could be muddy in the event of rain.

KID'S FUN RUN is 100 meters long (for little ones) and 1/3 mile long (for older kids) and will start at the finish line of the 5k IMMEDIATELY AFTER the 5k finishes (normally around 10:30am) All kids will receive a "Finishers Award".

AWARDS: Awards based on last year's results and will be given out in the following categories: **Walkers: 1.** Top 5 Male, Top 5 Female **2.** Top 3 Masters (50+) **3.** Males and Females in Age Groups as indicated:

Age Groups: (Male Walk): Top 5 49+ Under, Top 5 50-59, Top 5 60+ (Female Walk): Top 2: <29, 30-39, 40-49 (3) 50-54 (3), 55-59 (3), 60+ Over (3) Remember, if you register as a Walker, YOU MUST WALK the entire race. By definition, one foot must remain on the ground at all times. Jogging or Trotting is considered slow running, not fast walking.

Runners: 1. Top 5 Male, Top 5 Female **2.** Top 3 Masters (40+) **3.** Top 3 Male & Female in Age Groups (unless otherwise indicated):

Age Groups: (Male Run): 14+ Under, 15-19 (2), 20-29, 30-39, 40-49, 50-54 (2), 55-59 (2), 60+ Over; (Female Run): 19+ Under, 20-29 (2), 30-34(2), 35-39, 40-44, 45-49, 50-59, 60+ Over

NO DUPLICATIONS! NO REFUNDS!

<u>PHOTOS</u>: Ron Pradetto Photography: www.RonPradetto.com

EXTRAS: Come join us for Pizza, pepperoni rolls, Donley's Delicious Delights Homemade Cookies and Hot Cocoa

<u>COVID:</u> We will follow all Local and State Guidelines. Hand Sanitizer is always available and should always be used regardless. As always, volunteers will be wearing gloves when handling food. More updates will be released if and when necessary.

The 1st 100 Registered will receive a hooded sweatshirt. The next 100 will get a T-shirt. Sizes are NOT guaranteed: First come, first served. There will be no reordering of shirts!

Entry Fee: 5K Run/Walk Pre-Registration: \$21.00 (long-sleeved T-shirt orders)

5K Run/Walk Pre-Registration: \$26.00 (hooded sweatshirt orders)

After March 10 & Race Day: \$30.00 (available shirts are 1st come, 1st serve)

Kid's Fun Run: FREE

MAKE CHECKS PAYABLE TO:

RAILS-TO-TRAILS 5K

808 North Chestnut Street Barnesville, OH 43713

CONTACT INFO:

Carl A. Kondrach, Director (740)310-2117

<u>carlkondrach@yahoo.com</u> <u>www.Facebook.com/barnesvillegrandprix</u> <u>www.RailsToTrails5K.com</u>



www.WCRRC.org

This race is part of the Washington Co. (Pa.) Road Runners Club Series.

PROCEEDS WILL BE DIVIDED BETWEEN MAINTENANCE OF THE PARK TRAIL AND KIDS PROGRAMS AT THE PARK. (KPAP)

Please PRINT Neatly!

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| PLEASE CHECK ONE : (+\$1.00) (+\$2.00) AMOUNT | | | |
| KIDS FUN RUNFR | | | FREE |
| Run/Walk EARLY ENTRY FEE | | | |
| Run/Walk EARLY ENTRY FEE | | | |
| Run/Walk Fee AFTER MARCH 10\$30.00 NOTE: XL/2XL T-shirts/Hoodies, please add \$1.00 or\$2.00 | | | |

WAVIER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me at this event while traveling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

