

In addition to the Title Sponsors listed on the front, this race was also made possible through the generosity of these sponsors:

**Platinum Sponsors:**



[www.healthplan.org](http://www.healthplan.org)



**Gold Sponsors:**

- Corner Fitness
- Flag Floors
- Halloran's Home Pizza
- Kemp Insurance
- Parker & Parker Insurance
- South Central Power Company

Refreshments generously provided at a reduced cost by the following businesses in Barnesville:

- Bob's Carry Out
- Domino's Pizza
- Fox's Pizza
- Hollie's Cookie Hut
- South Central Power Company

Race Course manned and patrolled by the following:

- Halloran's Home Pizza (St. Clairsville)
- Barnesville Police Dept.
- Barnesville Street Dept.

Volunteers provided by the following organizations:

- Barkcamp Race Committee
- Barnesville Area Rails-to-Trails Committee (BARTC)
- Boy Scouts of America, Troop 71
- Ohio Valley Runners'/Walkers' Club (OVRWC)

**OTHER RELEVANT WEB INFO:**

- [www.barnesvillehealthcare.com](http://www.barnesvillehealthcare.com)
- [www.barnesvillehospital.com](http://www.barnesvillehospital.com)
- [www.barnesvilleohio.com](http://www.barnesvilleohio.com)
- [www.bathfitter.com](http://www.bathfitter.com)
- [www.cornerfitness.net](http://www.cornerfitness.net)
- [www.dominos.com](http://www.dominos.com)
- [www.flagfloors.com](http://www.flagfloors.com)
- [www.foxspizza.com](http://www.foxspizza.com)
- [grandprix.healthplan.org](http://grandprix.healthplan.org)
- [www.healthplan.org](http://www.healthplan.org)
- [www.middleforkmaestro.com](http://www.middleforkmaestro.com)
- [www.ohiohillshealthservices.com](http://www.ohiohillshealthservices.com)
- [www.ovrunnersandwalkers.org](http://www.ovrunnersandwalkers.org)
- [www.ronpradetto.com](http://www.ronpradetto.com)
- [www.scouting.org](http://www.scouting.org)
- [www.southcentralpower.com](http://www.southcentralpower.com)
- [www.theracedeal.com](http://www.theracedeal.com)
- [www.wesbanco.com](http://www.wesbanco.com)

**Carl A. Kondrach, Director**  
 808 North Chestnut Street  
 Barnesville, OH 43713-1118  
[www.RailsToTrails5k.com](http://www.RailsToTrails5k.com)  
[www.OVRunnersAndWalkers.org](http://www.OVRunnersAndWalkers.org)  
 Phone: 740-619-0070  
 Cell: 740-310-2117  
 E-mail: [carlkondrach@yahoo.com](mailto:carlkondrach@yahoo.com)



**“More Bang for Your 5k Buck!”**

**Saturday, May 19, 2012**  
**8:30am/8:31am**

**Title Sponsors:**



**Tunnel Fun Run for Kids**  
 immediately following  
 the last finisher  
**(Approximately 9:30am)**

*Kids' Application and other information can be found at:*  
**[www.RailsToTrails5k.com](http://www.RailsToTrails5k.com)**

Mail form(s) and make check payable to:

**Rails-to-Trails 5k**

808 North Chestnut Street  
Barnesville, OH 43713-1118

Please check ONE box **ONLY**:

**RUN**   **WALK**   **CLYDESDALE/  
LADY ATHENA**   **CANINE WALK TEAM**  
200lbs/150lbs

\_\_\_\_\_ Dog's Name

**Note:** Those who check the Clydesdale/Lady Athena weight class are NOT eligible for age group awards. Those who check the Canine Walk Team box are NOT eligible for regular walk-division awards.

**Male**   **Female**

**Shirt Size: (Please Circle One)**

S   M   L   XL   2XL (add \$1)

\_\_\_\_\_  
Name (please PRINT clearly)

\_\_\_\_\_  
Address

\_\_\_\_\_  
City   State   ZIP

\_\_\_\_\_  
Phone   e-mail (optional)

\_\_\_\_\_  
Age on Race Day   Birthday

**WAIVER:** In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me (or my dog, if applicable) at this event while travelling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I also recognize that persons with dogs on leashes will be participating and that I may encounter them on and off the course. I also understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

**X**

\_\_\_\_\_  
Signature (Parent or Legal Guardian if under 18)

\_\_\_\_\_  
Date

## Race Info:

**Directions:** (From all points North:) Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 6.5 miles on State Route 800 South to 1<sup>st</sup> Red Light. Turn left. Go 200 yards. (From all points South:) Take State Route 800 North to 3rd Red Light. Turn right. Go 200 yards. Race begins near and ends at the Train Depot.

**Entry Fee:** \$17 pre-registered (deadline, postmarked by May 7<sup>th</sup>). \$20 after May 7<sup>th</sup> and on race day. Special Group Rate: \$14 each, minimum **FOUR** entries mailed together. (Pre-registered ONLY, deadline, postmarked by May 7th)

**Registration:** May be done through the mail, on race day or online. Please visit **TheRaceDeal.com**



**Trophies:** We proudly offer absolutely more awards (175!) for more participants than most 5k events you will find anywhere. Unique, high-quality, hand-made trophies to be awarded in the following categories:

**Canines:** Top 5 Male, Top 5 Female (Human Gender) dog WALKERS. **NO RUNNING!** Keep dogs on a 5' locked leash at all times!

**Walkers:** **1.** Top 12 Male, Top 12 Female  
**2.** Top 3 Male, Top 3 Female Masters (40+)  
**3.** Top 3 Male & Female in Age Groups unless otherwise indicated.

**Runners:** **1.** Top 3 Male, Top 3 Female  
**2.** Top 3 Male, Top 3 Female Masters (40+)  
**3.** Top 3 Clydesdale Male (200 lbs+), Top 3 Lady Athena Female (150 lbs+)  
**4.** Top 3 Male & Female in Age Groups.

**NO DUPLICATIONS!**

**Age Groups:** (Run): 15+ Under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+ Over (5) (Walk): 12+ Under, 13-19, 20-29, 30-39, 40-49, 50-59(4), 60-64(4), 65+ Over(5) **NO DUPLICATIONS!**

**Door Prizes:** Nearly 100 door prizes/certificates valued over \$2000 donated by surrounding merchants/businesses. Smaller prizes drawn during the event. Larger prizes during post-race activities. **MUST** be present to win!

## More Race Info:

**Director's Award:** We are currently seeking candidates for this award. If you would like to nominate someone, please contact me by phone, e-mail, or with your application (deadline May 11) Please include a detailed summary of how he/she has made contributions to the walking, running, or racing communities. Winner will be recognized and presented with a special trophy during the awards ceremony. The nominating party also wins a door prize of his/her own!

**Grand Prix:** This event is associated with three Grand Prix Series: **1.** The Washington County (Pa.) Road Runners Club (WCRR) Grand Prix Series; **2.** It is the 2nd of four races in the Barnesville Grand Prix. **3.** This event is also a part of the OVRWC Health Plan Grand Prix Series. For info about **THIS** series, go to <https://grandprix.healthplan.org> For more info about **ANY** of the Grand Prix Series, check out the Rails-to-Trails site.

**Shirts:** All pre-registered 5K runners, walkers, and dog-walkers are guaranteed a high-quality athletic mesh T-shirt (not cotton) in their size. Late registrants: 1<sup>st</sup> come, 1<sup>st</sup> serve. (300 shirts will be pre-ordered).

**Extras:** DJ Mr. Twister; 50/50 raffle (winner need not be present); Special awards/giveaways. Plenty of pizza, pepperoni rolls, sandwiches, home-made cookies, fruit, & more available before, during, & after the race. **The first 300 finishers receive a race towel.**

**Kids' Tunnel Fun Run:** Immediately following the last 5k finisher (approximately 9:30am). See website for application & info. Fun Run & 5K Race applications and fees may be mailed together. Parents, please arrive at least 15 minutes early. All children win a trophy. Only the 1st 100 receive a goodie bag full of toys, certificates, and other goodies. Supplies are limited: 1st come, 1st served. **Kids' Applications** may be downloaded from the Rails-to-Trails website

**Dog Team Walkers:** Please remember, there are children & other dogs at this event. Be a responsible owner: Non-aggressive dogs only; No dogs "in heat"; On leash at all times (NO retractable leashes unless locked); ID Tags must be worn; Current Vaccinations; Please clean up after your dog (baggies available). Also remember, this is a **COMPETITIVE dog walk: NO RUNNING/JOGGING!** Your dog is welcomed to any of the doggy or human refreshments. Please check with your local vet about any changes in diet or the consumption of human food. The director reserves the right to disqualify your team without refund if these rules are not adhered to.

**Timing:** Chip-in-the-bib timing by RS Racing Systems. Quicker results! Less errors!