

In addition to the Title Sponsor listed on the front, this race was also made possible through the generosity of these businesses/organizations:

Refreshment Capital provided by:



"We fit your bathroom —and lifestyle— perfectly."
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Refreshments generously provided at a reduced cost by the following businesses in Barnesville:

- Bob's Carry Out
- Domino's Pizza
- Fox's Pizza
- Hollie's Cookie Hut
- South Central Power Company

Race Course manned and patrolled by the following:

- Halloran's Home Pizza (St. Clairsville)
- Barnesville Police Dept.
- Barnesville Street Dept.

Volunteers provided by the following organizations:

- Barnesville Area Rails-to-Trails Committee (BARTC)
- Barnesville Cheerleaders
- Boy Scouts of America, Troop 71
- Ohio Valley Runners'/Walkers' Club (OVRWC)
- Olney Friends School

Web design and maintenance courtesy of:



PUMPKIN FESTIVAL 5K
Dale B. Landefeld Co-Director

820 West Main Street
Barnesville, OH 43713-1042
www.RailsToTrails5k.com

Phone: 740-425-2822
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PUMPKIN FESTIVAL 5K
Carl A. Kondrach, Co-Director

808 North Chestnut Street
Barnesville, OH 43713-1118
www.RailsToTrails5k.com
www.OVRunnersAndWalkers.org

Phone: 740-619-0070
Cell: 740-310-2117
E-mail: carlkondrach@yahoo.com

OTHER RELEVANT WEB INFO:

www.barnesvilleohio.com
www.barnesvillepumpkinfestival.com
www.bathfitter.com
www.dominos.com
www.foxspizza.com
grandprix.healthplan.org
www.middleforkmaestro.com
www.olneyfriends.org
www.ovrunnersandwalkers.org
www.radioshack.com
www.railstotrails5k.com
www.ronpradetto.com
www.scouting.org
www.southcentralpower.com



5k Run & Walk

Sat., Sept. 24, 2011

8:30am (Run)

8:31am (Walk)

Exclusively Sponsored by:



102 East Main Street
Barnesville, OH 43713
(740)425-2651
www.RadioShack.com

All relevant race information can be found on our sister race website:

www.RailsToTrails5k.com

Or check out the festival website:

www.BarnesvillePumpkinFestival.com

Mail form(s) and make check payable to:

Dale Landefeld

820 West Main Street

Barnesville, OH 43713-1042



RUN



WALK

Note to Walkers: Please be fair to yourself & other walkers. This is a competitive walk. If you register as a walker, you **MUST WALK THE ENTIRE RACE**. Walking is defined as having **ONE FOOT ON THE GROUND AT ALL TIMES!** Jogging or Trotting is considered slow running, NOT fast walking and is considered cheating. If you are seen cheating, you will be disqualified without refund.



Male



Female

Shirt Size: (Please Circle One)

S M L XL 2XL

Name (please PRINT clearly)

Address

City State ZIP

Phone e-mail (optional)

Age on Race Day Birthday

WAIVER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me at this event while travelling to and from or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I also understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any I legitimate purpose by the aforementioned parties.

Race Info:

Directions: (From all points North:) Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 6.5 miles on State Route 800 South to 1st Red Light. Turn left. Go a quarter mile. Follow signs. (From all points South:) Take State Route 800 North to 3rd Red Light. Turn right. Go a quarter mile. Follow signs. Race begins/ends at the historical Watt Center near the Train Depot.

Entry Fee: \$16 pre-registered (deadline, postmarked by Sept. 17). \$20 after September 17 and on race day.

Special Group Rate: If you would like to field your school's team or have a non-profit organization, please contact the director for special group rates.

Awards: Due to the overwhelming increase in participants last year, we have added an additional 52 awards! We offer 65 of the coveted, unique & beautiful, ceramic-fired pumpkin trophies. In addition, we've added 49 one-of-a-kind ceramic-fired pumpkin medallions (NOT a cheap medal!) to all 3rd/4th place age group winners. Awards are distributed based on last year's finishers and are earned in the following manner:

Walkers: 1. Top 10 Male, Top 10 Female **2.** Top 4 Male & Female in Age Groups.

Age Groups: (Male Walk): 29+ Under, 30-49, 50+ Over; (Female Walk): 29+ Under, 30-49, 50-59, 60+ Over **NO DUPLICATIONS!** Remember, if you register as a Walker, YOU MUST WALK the entire race. By definition, one foot must remain on the ground at all times. Jogging or Trotting is considered slow running, not fast walking.

Runners: 1. Top 5 Male, Top 5 Female **2.** Top 4 Male & Female in Age Groups.

Age Groups: (Run): 12+ Under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+ Over **NO DUPLICATIONS!**

Proceeds: Proceeds benefit and are split evenly between the Barnesville Schools Cheerleaders and the Rails-to-Trails Project.

Timing: New this year! Timing by George Frazier, the area's leader in road race timing.

Contact Info:

Carl A. Kondrach, Co-Director (740)619-0070, carlkondrach@yahoo.com

Dale B. Landefeld, Co-Director (740)425-2822, dalelandefeld@sbcglobal.net

More Race Info:

Grand Prix: This event is associated with two separate Grand Prix Series:

1. It is the third of four races in the Barnesville Grand Prix, sponsored in part by the Barnesville Area Chamber of Commerce. Rules & standings for this series can be found on the Rails-to-Trails site.



2. This event is a part of the OVRWC Health Plan Grand Prix Series. Rules, standings, and the list of races can be found at: <https://grandprix.healthplan.org>



Shirts: All pre-registered 5K runners and walkers are guaranteed a long-sleeved T-shirt in their size. Late registrants: first come, first serve. (200 shirts will be pre-ordered).

Refreshments: Plenty of pizza, pepperoni rolls, drinks, and the ever-popular Hollie's Cookie Hut home-made cookies available after the race for all participants and volunteers.

Results: Check out www.RailsToTrails5k.com and www.OVRunnersAndWalkers.org a few days after the race for complete results.

Photos: Ron Pradetto Photography covers many local races, high school and college sporting events not to mention weddings, parties, and other special events. Race photos will be available for viewing, download, and purchase shortly after the race. Check out his work at www.RonPradetto.com

Festival Info: After the race, stick around and bring your family to see all that Barnesville's famous Pumpkin Festival has to offer: Great food, entertainment, rides, crafts, games, contests, and much, much more, going on all weekend! For more info about all the Festival Events, check out the website: www.barnesvillepumpkinfestival.com

X

Signature (Parent or Legal Guardian if under 18)

Date